



HUMBERSIDE COUNTY NETBALL ASSOCIATION

WINTER JUNIOR LEAGUE - 2020

COVID RULES AND REGULATIONS.

All Clubs **MUST** have a Lead Covid Officer, and squads **MUST** have a named Covid Officer.

Read all communications from your Covid Officer.

Understand your personal risk assessment.

Do not attend training or a game if you are unwell or show any symptoms of Covid 19.

When you arrive at the venue, you will be responsible for sanitising your own area, i.e. team benches, the posts, and the table and chairs for your scorers and timekeepers.

Register on arrival and undertake a health screening, and complete Track and Trace.

Arrive at netball ready to play.

Each bib may only be worn by 1 person, no bib swapping. After usage, wash at 60 degrees.

Adopt England Netball Stage 4 rule modifications.

When playing inside, you may only bring a maximum of 15 people, this includes squad players, umpires, coaches, team managers, timekeepers and scorers and first aiders.

For inside matches everyone except on court players and umpires must wear a face covering.

Follow all one way systems.

Sanitise hands and any personal belongings before leaving home, and on arrival at netball.

Whilst at the venue, sanitise your hands, and the ball every 15 minutes.

The netball post must be sanitised every 15 minutes, and also if anyone touches it.

Do not share personal items such as whistles and water bottles.

Maintain social distancing on arrival, during breaks in play, on the team bench and when leaving netball.

Travel to netball following government guidance.

Leave the venue promptly.

If you develop symptoms up to 48 hours after activity, report to NHS Test and Trace.